R3Life Wellness Center

REGENERATE
REJUVENATE
REBUILD

Why It Matters to Know "Heavy Metal"

How Much Is TOXIC in Your Body?

Toxic build-up can lead to fatigue, brain fog, hormonal imbalances and chronic illnesses.



Knowing your levels helps you take steps to **detox safely** and protect long-term health

Heavy metals affect organs like the **liver, kidneys and brain.**

We're Here with Oligo Scan to Help You Understand It Better.

You can quickly check your body's heavy metal levels, along with essential minerals and vitamins-all without needles!

Find out what's holding you back and start boosting your energy, immunity and overall health from the inside out.



Heavy Metals Test Report

	Result	Normal	Hight-	Hight+	Excess
Aluminium (Al)	0.01654				
Antimony (Sb)	0.00197				
Silver (Ag)	0.01005				
Arsenic (As)	0.00394				
Barium (Ba)	0.00576				
Beryllium (Be)	0.00444				
Bismuth (Bi)	0.00734				
Cadmium (Cd)	0.00902				
Mercury (Hg)	0.00294				
Nickel (Ni)	0.00316				
Platinum (Pt)	0.00228				
Lead (Pb)	0.00816				
Thallium (Tl)	0.00140				
Thorium (Th)	0.00086				

Heavy Metals Intoxication

Overall Intoxication

0% 75% 100%

Suspicion of the blockage for the elimination of heavy metals due to the possible lack of sulfur conjugation

0% 75% 100%

- Quick, Needle-Free Results Get Them in **Just 5 Minutes**
- **Measures 44** Vital Health Indicators
- **1-on-1 Consultation** with an Anti-Aging Doctor

Price
THB 6,125

Experience Our Exclusive Service-Available Only at Sliom Surawong Flagship Branch.

R3Life Wellness Center

REGENERATE
REJUVENATE
REBUILD

Reveal What Your Body Truly Needs with R3 Life's Micronutrient & Vitamin D Test

This comprehensive 19-panel assessment, **performed via professional blood draw and interpreted by American Board-certified Anti-Aging specialists,** helps restore balance, boost energy and rejuvenate your health from within.



THB 30,000
per time

- Vitamin A (Retinol)
- Vitamin E (Gamma-Tocopherol)
- Vitamin E (Alpha-Tocopherol)
- Lutein and Zeaxanthin
- Beta-Cryptoxanthin
- Lycopene
- Alpha-Carotene
- Beta-Carotene
- Coenzyme Q10
- Vitamin C (Ascorbic Acid)
- Magnesium (Mg)
- Ferritin
- Vitamin B12
- Folate
- Selenium (Se)
- Copper (Cu)
- Zinc (Zn)
- Chromium (Cr)
- 25-OH Vitamin D2/D3

Example Laboratory Results

Vitamin A (Retinol)

Result: **2.15**
Reference Range: **0.80 – 2.90**
Level: **Moderate**
Unit: **µM**



The result shows moderate vitamin A (retinol) level. Vitamin A is essential for immunology system, vision and epithelium cell growth. In case of the body changed beta-carotene to be vitamin A in few amounts, the direct vitamin A intake is needed. You should have the mix vitamin supplement with vitamin A 5,000 IU daily (according to USRDA) in order to get the right level of vitamin as the body needs. Vitamin A is major found in milk, beef, fish and chicken liver.

Vitamin E (alpha-Tocopherol)

Result: **30.46**
Reference Range: **8.00 – 42.00**
Level: **Moderate**
Unit: **µM**



The result shows moderate level of Vitamin E (alpha-Tocopherol). Vitamin E, one of the fat-soluble antioxidant found most in blood. The major role of vitamin E is to inhibit the oxidation of LDL (bad cholesterol). The oxidation of LDL will induce the cardiovascular risk. Vitamin C also aid for maintaining the condition of vitamin E to be active as antioxidant. Vitamin E is major found in vegetable oils such as olive oil, sunflower oil and safflower oils.

Vitamin E (gamma-Tocopherol)

Result: **6.35**
Reference Range: **0.50 – 6.20**
Level: **Hight**
Unit: **µM**



The result shows high vitamin E (gamma-Tocopherol) level. According to researches, gamma-Tocopherol level is associated with antioxidant in peroxynitrite. However, there is the reports indicated the patient with heart disease tends to have low level of gamma-Tocopherol. You can boost the gamma-Tocopherol level from food supplements, which consists of mixed tocopherol that extracts from oil soybean. You can take more gamma-Tocopherol under your doctor's advice.

Lycopene

Result: **0.35**
Reference Range: **0.10 – 1.25**
Level: **Low Normal**
Unit: **µM**



The result of Lycopene level is low normal. Lycopene is the efficient biological substance in order to prevent the tissue damage from oxidation of singlet oxygen. The studies show the persons who consume the high Lycopene food or have high Lycopene blood level have low risk for cancer, especially prostate cancer. The most effective way to raise the Lycopene level is to consume the food from tomato including the product from tomato such as pasta sauce or the Lycopene supplement.

Gain deeper insight into your body's vitamin levels-uncovering deficiencies and optimizing nourishment for truly personalized care.

R3 Life Wellness Center
REGENERATE
REJUVENATE
REBUILD

Your DNA Knows More About You Than You Think.

One Test. 500+ Insights to Understand Your Health for Life.

20 Categories
500+ DNA Insights

ตรวจครั้งเดียว เข้าใจร่างกาย ได้ลึกกว่าที่เคย

Premium DNA Health Profile
THB 30,000

HEALTH RISKS
Common Health, Brain Health, Cancer Risk, Drug Response
ความเสี่ยงสุขภาพ, สมอง, มะเร็ง, การตอบสนองต่อยา

NUTRITION
Vitamins, Minerals, Food Sensitivities
วิตามินที่ต้องการ อาหารที่เหมาะกับคุณ

WEIGHT & METABOLISM
Carbs, Fat, Appetite, Weight Regain
เผาผลาญอย่างไร กินแบบไหนเหมาะกว่า

SLEEP & STRESS
Sleep Pattern, Chronotype, Stress Response
การนอน, ความเครียด, จังหวะชีวิต

SKIN & AGING
Wrinkles, Glycation, Photoaging, Skin Traits
ผิว, ริ้วรอย, แนวโน้มการเสื่อมของผิว

FITNESS
Endurance, Strength, Recovery, Injury Risk
ออกกำลังกาย, การฟื้นตัว, ความเสี่ยงบาดเจ็บ

01 COLLECT
Just a few minutes

A simple cheek-swab sample collected by our R3 Life nurse.
เก็บตัวอย่างจากกระพุ้งแก้มง่าย ๆ โดยพยาบาล R3 Life

Brush your teeth, then wait 30 minutes before collection.

02 ANALYZE
Approx. 45 days

Your DNA sample is analyzed at a laboratory in the Hong Kong.
วิเคราะห์ DNA ในห้องปฏิบัติการที่ฮ่องกง

03 UNDERSTAND & PERSONALIZE
45–60 min with our doctor

Take time with our anti-aging doctor to understand your DNA and design a personalized plan for a better you.
แพทย์เวชศาสตร์ชะลอวัยและฟื้นฟูสุขภาพอ่านผล พร้อมออกแบบแนวทางดูแลเฉพาะคุณ เพื่อสุขภาพที่ดีกว่า

Know Yourself Deeper. Care for Yourself Better.

เพราะเมื่อเข้าใจร่างกายได้ลึกขึ้น คุณก็เลือกดูแลตัวเองได้ตรงจุดมากขึ้น

SEP 2026 R3 Life Wellness Center. All rights reserved.
All treatments are diagnosed and recommended by our team of experienced R3 Life doctors.

R3Life Wellness Center

REGENERATE
REJUVENATE
REBUILD

Don't Wait Until You Have a Symptoms

Take Care Of Your Health At The Cellular Level

with International Standard At R3 Life Wellness Center

Biochemistry Analyzer

Analyzes blood chemicals and health indicators Results show up to **18 items**

- **Liver Function** (ALB, ALP, ALT, AST, GGT, TBIL, TP, A/G, GLOB)
- **Renal Function** (CRE, UREA)
- **Lipid Profile** (TG, HDL-C, LDL-C, CHOL)
- **Blood Glucose Test** (GLU)
- **CVD (Cardiovascular Disease)** (HCY)
- **Uric Acid** (UA)

Only take 45 minutes



Care provided by specialized medical experts in anti-aging and regenerative medicine

Utilizing genuine, advanced equipmentthat meets international standards

- Pioneering as the foremost authority in stem cell therapy, leveraging advanced technology in Thailand
- Offering the utmost quality and innovation in our products
- Crafting exclusive programs for each individual, led by a medical team certified by the American Board of Anti-Aging and Regenerative Medicine
- Partnering with the top-ranked stem cell lab in Asia and fourth globally, carefully chosen for trustworthiness
- Performing procedures under our first-class care and superior services

© 2024 R3 Life Wellness Center. All rights reserved

All treatments will be diagnosed and recommended by our team of experienced R3 Life doctor. Outcomes differ among individuals.

LINE

Add Line :
@r3lifewellness